



KNOWLEDGE ORGANISER

#Growing Up
Summer 2- Year 6

Key Vocabulary:

Puberty – The physical stage of development between childhood and adulthood.
Midwife – a person, typically a woman, who is trained to assist women in childbirth.
Umbilical cord – a flexible cordlike structure containing blood vessels and attaching a human or other mammalian fetus to the placenta during gestation
Placenta – The placenta is an organ that develops in your uterus during pregnancy.
Embryo – an unborn or unhatched offspring in the process of development
Foetus – an unborn or unhatched offspring of a mammal, in particular an unborn human more than eight weeks after conception.
Pregnancy – the condition or period of being pregnant.
Self-image – the idea one has of one's abilities, appearance, and personality.
Self-esteem – confidence in one's own worth or abilities; self-respect.

Key Knowledge

Puberty for Girls	Puberty for Boys
<ul style="list-style-type: none"> larynx (voice box) grows grow hair under armpits start to menstruate grow pubic hair skin becomes oilier grow breasts gain hair on arms and legs 	<ul style="list-style-type: none"> larynx (voice box) grows - 'Adam's apple' grows hair on chest grow pubic hair skin becomes oilier grow facial hair grow hair under armpits gain hair on arms and legs
<ul style="list-style-type: none"> grow taller sweat glands produce more sweat all parts of the body grow 	<ul style="list-style-type: none"> scrotum, testes and penis develop become more muscular

Secondary School Top Tips!

<h3>Be Resilient</h3> <p>Sometimes things won't go your way. This is normal and happens to everyone, so don't worry. Just say to yourself, 'tomorrow's another day!'</p>	<h3>Be Kind</h3> <p>If someone else seems to be having a hard time, try to help. This is a good way to make friends and hopefully they will return the favour.</p> 
<h3>Be Honest</h3>  <p>If you do something wrong or forget something, it's much better to own up straight away.</p>	<h3>Be Enthusiastic</h3>  <p>Teachers won't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.</p>
<h3>Be Organised</h3> <p>Make sure you have the right books and equipment with you for each lesson.</p> 	<h3>Be Brave</h3> <p>It might seem hard to make new friends, but everyone is feeling the same way. Say hello!</p>
<h3>Be Prepared</h3>  <p>Look at your timetable and make sure you know where to go and when.</p>	<h3>Be Yourself</h3> <p>Believe in yourself! You can do it!</p>