

PSHE AND RSE ON A PAGE

At Cherry Tree, we teach PSHE and RSE through Jigsaw. Jigsaw is a spiral curriculum that teaches the same 6 topics each half term to each year group. This is taught with a character focus that stays with the children for the year and leads lessons. Jigsaw Base Slides can be accessed on the website: www.jigsawpshe.online

Login: Cherry Tree Hill
 Password: JigsawPSHE2023

RSE is taught through Jigsaw in Summer 1 and Summer 2.

JIGSAW TOPICS



'Who am I and how do I fit?'

Respect for similarity and difference. Anti-bullying and being unique.

Aspirations, how to achieve goals and understanding emotions.

Keeping our bodies and minds safe and healthy.

Building positive, healthy relationships.

Learning how to live with change.

JIGSAW LESSON STRUCTURE



Calm Me
with Jigsaw Jino



Open My Mind

Each lesson begins with the Jigsaw charter and a game or exercise with a recap focus.



Time to refocus with some calming music and a chime alongside breathing exercises.



Part of the session to work out children's feelings and opinions on a topic. Children can share their thoughts.



Tell Me or Show Me

Children share what they have learnt, this can be through talk or role play with the Jigsaw characters.



Let Me Learn

Children might produce a piece of work like a picture or a short writing. These can be added to floor books.



Help Me Reflect

Using their thumbs, children can self-reflect on the lesson and teachers can also assess children formatively.

EXTRA INFORMATION



Floor books are used in PSHE. These are recorded in twice a half term. These should support children to talk about their learning. They should be displayed in the classroom for the children to regularly access.



PSHE lessons should be adapted based on children's needs and experiences. Teacher's should use their judgement to support those children who may be vulnerable in some sessions through the use of pre and post teaching alongside pastoral support. Please check your year group's LTP as named lessons in red must be taught.

Y1 Emotional Vocabulary



proud



shocked



care free

PSHE is a golden thread through all subjects and across the school. Before the beginning of PSHE, children should focus on their emotional vocabulary. These base slides can be found in Planning Support.