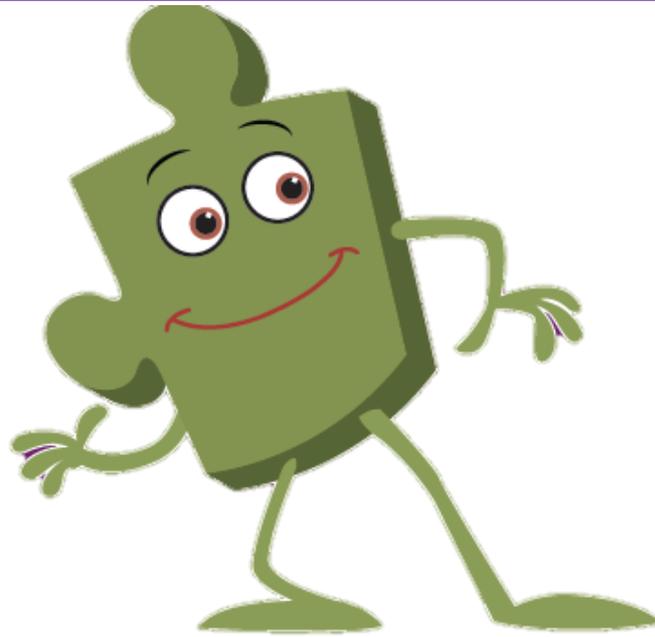
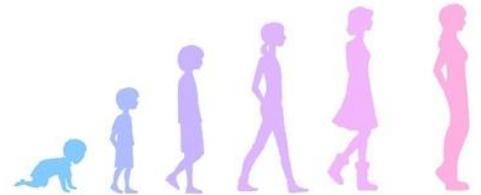


This half term in Jigsaw we are focusing on the topic: **Changing Me.**



We will learn about self-image and how my body fits into that, building up our self-esteem. We will also learn how girls' and boys' bodies change during puberty and why is it important to look after yourself physically and emotionally.



We will learn about healthy relationships and how some relationships different. We will learn about how conception leads to pregnancy but also understand that sometimes people need IVF to help them have a baby.



We will discuss becoming a teenager and how this brings more responsibility. We will discuss what we look forward to about this. We will also discuss changes that will be happening soon (going to year 6) and what we are looking forward to about this.