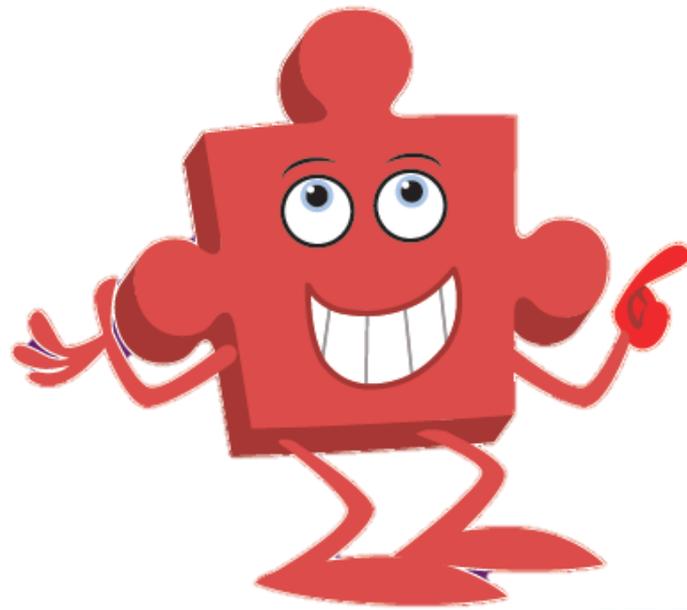
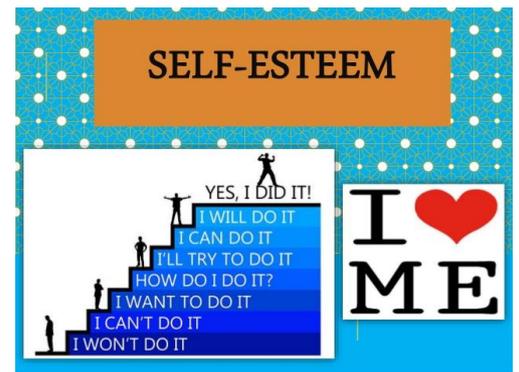


This half term in Jigsaw we are focusing on the topic: **Changing Me.**



We will learn about self-image and how my body fits into that, building up our self-esteem. We will also learn how girls' and boys' bodies change during puberty and why is it important to look after yourself physically and emotionally.



We will learn about healthy relationships and how some relationships different. We will learn about how a baby develops from conception, though the nine months of pregnancy until it is born.



We will be aware of the importance of a positive self-esteem and what we can do to develop it. Finally we will identify what we are looking forward to and what worries me about the transition to secondary school,