



# KNOWLEDGE ORGANISER

Ancient Olympics	
<b>Where?</b>  <p>The Ancient Olympics originated (started) in Ancient Greece.</p>	<b>When?</b>  <p>The first ever games is said to have taken place in the year 776 B.C.E.</p>
<b>Who?</b>  <p>Only men were allowed to compete and married women could not even watch.</p>	<b>Why?</b>  <p>Greek cities fought a lot, but called a special truce to compete in the games!</p>

## TRAINERS OF FIRE



Recent Summer Olympics Host Cities	
<b>Sydney</b>  <p>Year: 2000</p>	<b>Athens</b>  <p>Year: 2004</p>
<b>Beijing</b>  <p>Year: 2008</p>	<b>London</b>  <p>Year: 2012</p>
<b>Rio de Janeiro</b>  <p>Year: 2016</p>	<b>Tokyo</b>  <p>Year: 2021</p>

### Key Vocabulary

Olympics	International sporting events featuring summer and winter sports competitions.
Paralympics	A periodic series of international multi-sport events involving athletes with a range of disabilities.
Marathon	Inspired by the legend of an Ancient Greek messenger who raced from the site of Marathon to Athens, a distance of about 40km or nearly 25 miles.
Ancient	Belonging to the very distant past and no longer in existence.
Continents	A large land mass separated from other land masses by oceans.
Nationality	The status of belonging to a particular nation (country).
Triathlon	An athletic contest consisting of three different events—Swimming, Cycling and Running.
Heptathlon	An athletic event in which each competitor takes part in the same prescribed seven events: high jump, shot put, 200m sprint, long jump, javelin throw and 100m hurdles.



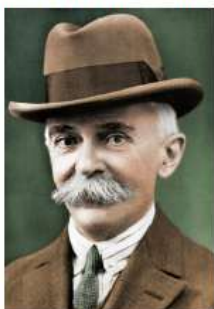
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## The Modern Olympics

Founded: 1894

First Olympics: 1896

Founder: Pierre de Coubertin



Motto: *Citius, Altius, Fortius*

(Faster, higher, stronger)

Logo: The Olympic Rings



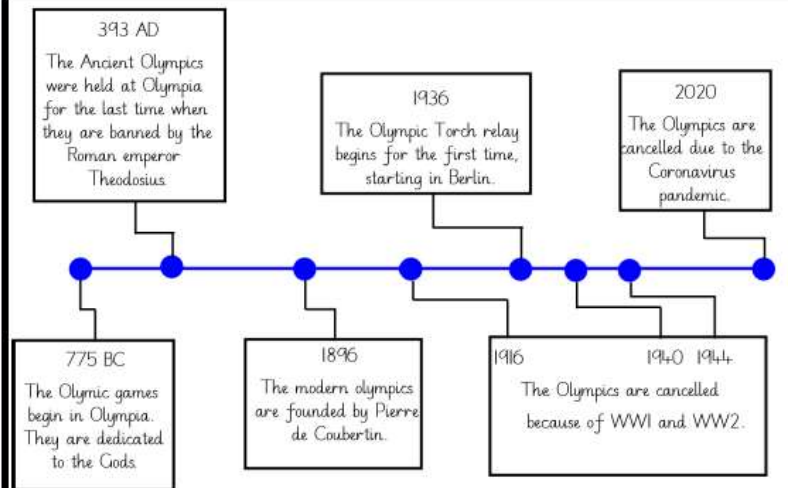
Most Successful Nation: *United States*  
with 1022 gold medals!

Britain is in 4th with 263 gold medals!

Next Summer Olympics: *Paris, 2024*



## Timeline



## Successful British Olympians

Sir Mo Farah



Born: Mogadishu, Somalia

Sport: 5,000 & 10,000 metres

Olympic Medals: 4 Gold

Did you know?: For winning a gold medal at London 2012, Mo's local post-box was painted gold by Royal Mail!

Laura Kenny



Born: Harlow, England

Sport: Track & Road Cycling

Olympic Medals: 4 Gold

Did you know?: Laura is married to another Olympian who also happens to be a gold medal-winning track cyclist called Jason Kenny.

Baroness Tanni Grey-Thompson



Born: Cardiff, Wales

Sport: Wheelchair Racing

Paralympic Medals: 11 Gold, 4 Silver, 1 Bronze

Did you know?: Baroness Grey-Thompson still coaches her sport while working in the House of Lords!

## Essential Knowledge

- The 5 Olympic Rings represent Africa, Asia, Oceania, Europe and the Americas, linked together in friendship.
- The Olympic Flame is lit at Olympia in Greece every 2 years before it journeys to the next host nation.
- The Olympic Flame lights the Olympic Cauldron. When this is lit, the Olympics officially start.
- The Olympics was/is held every 4 years as a tribute to the god, Zeus.
- Gold medals are actually made of silver! They have gold covering instead!

## Useful Websites

[www.olympic.org](http://www.olympic.org)

[www.paralympic.org](http://www.paralympic.org)

[bbc.co.uk/sport/olympics](http://bbc.co.uk/sport/olympics)