

PARENTING CLINIC



PARENTING ACROSS TWO HOMES

15 JUNE

12.00 TO 12.30PM

HOSTED ON ZOOM

Come live or catch the replay

Join Anisa Lewis, Parenting Coach, for this month's Free Parenting Clinic.

This clinic is for any parent navigating life after separation, divorce or family change.

In this 30-minute session, Anisa will share:

- What children need most to feel safe after a family change
- How to support big feelings, theirs and yours
- Simple ways to create stability and connection across two homes
- How to communicate with your co-parent in a child-centred way

This is not legal advice or mediation; it is emotional and relational support to help families feel whole again.

Book your free place here:

<https://anisalewis.as.me/theclinic>

or

Email: hello@anisalewis.com for the booking link.



Parenting Across Two Homes: Supporting Your Child Through Family Change

When a family changes shape, children feel it deeply.

With the right support, parents can create calm, stability, and connection, even across two homes.

Parents often tell me:

- Things are finalised, but I still feel unsure.
 - My child's behaviour has changed, and I don't know what they need.
 - I want to protect them from the tension.
-

You are not alone. And you are not expected to know all the answers.



Anisa Lewis

Parenting Coach