

NO PRESSURE
JUST
COMMUNITY



The NeuroNest

A safe, supportive space for
neurodivergent children, families and adults

Everyone is
welcome
here!



MONDAYS – AFTER SCHOOL FAMILY SESSION

🕒 3:30pm – 5:30pm

📍 Roe Farm Community Centre
Derby DE21 4ER

A relaxed, low-pressure space for
neurodivergent children and
their families.

♥ Arts & Crafts



♥ Sensory Activities



♥ Games & Toys



♥ Snacks & Refreshments



♥ Parent Information & Support



♥ A chance to connect
with other families



TUESDAYS – ADULT SESSION

18+ or 15+
with a Parent/Carer

🕒 6:00pm – 8:00pm

📍 Coniston Crescent
Community Room
Stratford Road, Derby DE21 4DP

A calm, welcoming space for
neurodivergent adults and
young people aged 15+
attending with a parent or carer.

♥ Creative Activities & Crafts



♥ Board Games



♥ Conversation & Connection



♥ Sensory Supports & Fidgets



♥ Refreshments



♥ Peer Support



♥ Special Interest Discussions



FRIDAYS – OUTREACH, ADVOCACY & COMMUNITY SUPPORT

Available for:

♥ Parent Advocacy & Support



♥ School Visits



♥ Community Networking



♥ Awareness Sessions



♥ Support for Local Groups



♥ Mobile NeuroNest Activities
(subject to availability)



Working within our community
to support, connect and
make a difference.



Neurodivergent
Children



Neurodivergent
Adults

WHO IS WELCOME?



Parents &
Carers



Those Awaiting
Assessment



Young People (15+)
with a Parent/Carer



Siblings &
Family Members



LET'S STAY CONNECTED!

07517 673414



theneuronest1@gmail.com



WE HAVE A NEURONEST WHATSAPP COMMUNITY!

For support, updates, event information
and the WhatsApp group link,
please call or message:

07517 673414



SCHOOL, WORKPLACE, COURSE & COMMUNITY BOOKINGS WELCOME

Please call, text or email to discuss:

♥ School visits

♥ Awareness sessions

♥ Neurodiversity discussions

♥ Workplace awareness

♥ Parent support

♥ Partnership opportunities

♥ Training & courses

♥ Community events

♥ Other bespoke services

We are happy to work with schools, workplaces, organisations,
colleges, training providers and community groups to
support your needs and create positive change.



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