



Muddy Bears

Sensory Bottle

You will need:

Plastic bottle

Rice

Red and green food colouring (mixed to make brown)

Hot glue/strong tape

Brown bears

(You may like to use small toy bears or print the attached images and laminate them.)

Method

1. Mix a small amount of rice with green colouring to dye it green and leave to dry.
2. Mix the 'brown' food colouring and rice together to dye it brown and leave to dry.
3. When dry, fill the bottle with the 'muddy rice' $\frac{3}{4}$ full.
4. Sprinkle a handful of the green rice into the bottle.
5. Push the bears into the bottle.
6. Attach the lid and secure with glue/tape.
7. Shake the bottle to disperse the bears amongst the 'mud'.
8. Have fun hunting out the bears within the muddy rice.

