

**Task:** Read the articles below. Think about all the plastic items you use and throw away every day. From now, can you clean out these items and make a display about the harmful effects of plastic on our oceans. The display could contain different facts and figures, as well as ways we can all help take action. Alternatively, can you create a poster using the above instead?

A large, empty rectangular box with a thin black border, intended for students to create a display or poster about the harmful effects of plastic on our oceans. The box is currently blank.



# WHAT ELSE CAN WE DO TO SAVE OUR SEAS?!

## PROBLEM: OVERFISHING

The Earth's oceans are so vast that people used to think that there was an unlimited supply of fish in them. Sadly, this is NOT the case, and billions of people around the world now eat seafood as an important part of their diet. Today, so many fish are being taken out of the ocean that fish populations aren't able to recover – and if we're not careful, species that were once plentiful will be in danger of becoming extinct.

### What YOU can do: LOOK AT THE LABELS!

If you eat fish, make sure your seafood has the blue MSC label (below) on it. Designed by the Marine Stewardship Council, the symbol means your fishy snack has been caught in a sustainable way, so that populations stay healthy for the future.

Swim over to [goodfishguide.org](http://goodfishguide.org) to find out more about sustainable seafood!



## OCEAN ACTION!

To discover what else you can do to help and to make your pledge to protect our oceans, visit [seachangeproject.eu/takeaction](http://seachangeproject.eu/takeaction)



## PROBLEM: CLIMATE CHANGE

Over the last 150 years, our planet has been heating up. Scientists believe the main cause of this global warming is the huge amount of fossil fuel (such as oil) that humans burn to make energy. The process releases gases into the Earth's atmosphere which trap the Sun's heat – and this is terrible news for some seafood! The rise in the ocean temperature is damaging much of our ocean's coral, through a process known as coral bleaching. Many cold-water sea species have become extinct in warmer areas, only surviving in shrinking areas of cool water.

### What YOU can do: USE LESS ENERGY!

There are lots of easy ways to reduce the energy you use. Switch off the lights and turn your gadgets off at the mains before leaving a room. Wear jumpers instead of turning up (or on!) the central heating. Are all your family's car journeys necessary? Why not try walking or cycling instead? A few small changes can make a HUGE difference. Yay!

To learn more about climate change head over to [ngkids.co.uk](http://ngkids.co.uk)